



# Riffles

The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited

Volume 40

April 2010

Number 4

## Wednesday Go To Meeting

The 75 people who attended EJTU's March meeting heard Ken Tutalo present great information about how to catch trout on the East Branch of the Delaware. That's a healthy number of people but there are probably quite a few others who would have liked to learn how to fish the East Branch but who did not come to the meeting. Since more members might attend future meetings if they know what to expect at them, here is a brief summary of what happens at our meetings.

The meetings are scheduled to begin at 7:30 PM but are usually delayed a little because some attendees are always in the middle of explaining exactly how a huge fish broke their tippet just as it neared the net. Perhaps it's the free coffee that lubricates the story telling muscles. However, when we start the meeting it is always with the Pledge of Allegiance to the flag. After the Pledge of Allegiance we then welcome anyone who is attending for the first time.

We spend a few moments informing you of any important outdoor/fishing information and also announcing coming chapter activities. Then we have free drawing for five or six fishing related items, many of which are donated by Ramsey Outdoors Stores.

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**When:** April 14 at 7:30 PM  
**Where:** American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## April Speaker

As the Delaware River's temperature rises to 55 degrees shad will return from the ocean and head upstream to spawn.

**Tom Gilmore,** our April speaker, is a well known author and President of the NJ Audubon Society who has been fly fishing for shad on the Delaware for many years. He will present a comprehensive talk on where to fish as well as how to fish for these silver fighters.

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Following the drawing our featured speaker makes his/her presentation. When the speaker's presentation has ended it is about time to go home but our speakers are always willing to answer questions from the audience and will usually hang around, chatting and continuing to answer questions, after the meetings.

People find the meetings to be informative but also pleasant and informal. Make an effort to spend an evening with us on any second Wednesday of the month.

## EJTU Calendar

Advise Rich Malizia of changes to calendar events (E) at [remgcp@optonline.net](mailto:remgcp@optonline.net) or 973-304-0789.

Let Ed Higgins ([easyedh@gmail.com](mailto:easyedh@gmail.com)) know if you are interested in fishing trips (F) well in advance because openings are limited and reservations must be made in advance. Get your money in as soon as possible or someone else will take your place. Please consult EJTU's web site's "Upcoming Events" for the most up-to-date details.

April 6 – First Ramapo River trout stocking

April 15 to May 27 – Thursdays, Ramapo River trout stocking

April 30/May 2 - (F) Frost Valley (Clareville,

NY) on East Branch of Neversink River

May 1 – HRA

Hooked on the Hudson

May 8 - (F) Shad fishing on the Delaware River

May 12 – Membership Meeting; Speaker Ryan Bunn on High Mountain Trout of the West

May 16/22 - (F) Overnight fishing trip to either Penns Creek or Big Pine Creek in Central PA

May 29 - (E) Mahwah Fishing Derby

June 5/6 - (F) Picnic/fishing at Catskill Fly Fishing Museum

June 12 – (E) Ramapo River day

June 12/19 - (F) Twin Maples, Block Island, RI



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**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.eastjerseytu.org> Mailing Address: East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366  
For Membership Information call Ed Sikorski at: 201-337-6396 or email to: [dored100@hotmail.com](mailto:dored100@hotmail.com)  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

**Healing Waters**

Healing Waters assists military veterans who are experiencing medical problems. It is not an EJTU project but it is a worthwhile activity. Ed Higgins has sent the Healing Waters schedule for those who are already involved or who are interested. The coordinator's contact information follows the schedule.

Mon., May 17	9 AM	Pequest Hatchery
Tues., Jun 1	1 PM	Building 57*
Wed., Jun 9	6 PM	Building 143*
Fri., Jun 11	9 AM	Pequest Hatchery
Sun., Jun 13	9 AM	Osterman Nursery
Tues., Aug 3	1 PM	Building 57*
Wed., Aug 4	6 PM	Nursing Home
Tues., Sep 7	1 PM	Building 57*
Fri., Sep 10	9 AM	Pequest Hatchery
Sun., Sep 12	9 AM	Osterman Nursery
Wed., Sep 29	6 PM	Osterman Nursery
Tues., Oct 5	1 PM	Building 57*
Fri., Oct 8	9 AM	Pequest Hatchery
Sun., Oct 10	9 AM	Pequest Hatchery

- Lyons VA Hospital Complex

Bob Cohen    Cell            732-309-2097  
                  Home            732-441-3523



Enjoy thy stream, O harmless fish;  
And when an angler for his dish,  
Through gluttony's vile sin,  
Attempts, the wretch, to pull thee  
out,  
God give thee strength, O gentle  
trout,  
To pull the rascal in!

~ John Wolcot

**Fly of the Month**

**Get ready, get set . . . . .**

After a long snowy winter opening day has finally arrived. The first hatch of the year will usually be the early black stonefly. These tiny (size 18) stones can frequently be seen crawling out of the water onto a snow bank to hatch.

The first mayfly of the year will usually be the tiny (size 22 or 24) blue winged olives, and of course we cannot



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**The Web Site**

**Have you visited the EJTU web site lately? You can find schedules for our many activities, photos, information about the chapter and its officers as well as links to an array of informative and interesting web sites.**

**It's easy to get to! Just enter [www.eastjerseytu.org](http://www.eastjerseytu.org) into your web browser.**

**Welcome to  
March's New Members**

- |                    |              |
|--------------------|--------------|
| Martin Adamkiewicz | Lodi         |
| Kelly Buchta       | Midland Park |
| Craig Buckbee      | Jersey City  |
| Glen R. Campbell   | Glen Rock    |
| Bob Groskin        | Teaneck      |
| Ronald Liptak      | Clifton      |
| Tadeusz Mlynarski  | Hillsborough |
| Frank Sciorra      | Mahwah       |
| Edward Slattery    | Little Falls |

## Acarids

Since we have just emerged from a period of snowy cold weather and now find ourselves in seventy degree weather we may not be prepared for some of the dangers that warm weather brings to the great outdoors, dangers that we knew about last summer but have forgotten about during the cold months. However, Trails dot Com provides a reminder about one of them in an interesting article by Benjamin Williams. The article is about ticks.

Williams begins by describing ticks as "nasty little critters that can carry diseases such as Lyme disease, Rocky Mountain spotted fever and ehrlichiosis." Luckily the author does not try to list or describe all 899 species of ticks in the world; he writes only about two categories that are found in the US, dog ticks and deer ticks.

Dog ticks, the species that I am familiar with, are about one eighth inch to one half inch across when engorged and I find that they are easy to spot and to feel. However, as usual, deer



ticks are described as being, "much smaller and hard to spot. They are little bigger than a period until engorged". Since I have northern

European skin that had many exposures to Jersey Shore sun I have never been able to figure out how to distinguish between a deer tick the size of a period and any of the myriad freckles that dot my body.

While finding a minute tick may be difficult, it should be done and Mr. Williams recommends a series of actions that may help. He first recommends that you check

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immediately after being In an area where ticks are common because some tick diseases are transmitted rapidly.

Here are body checks that he feels you should do.

Be systematic and check legs and ankles first, then move up the body. Check the top few inches of socks; males should roll back leg hair and check the roots for deer ticks. Continue checking up the legs, the backs of knees, around the waist of your pants or shorts, then check arms and other skin areas.



Engorged deer tick attached to back of toddler's head. Adult thumb shown for scale.

And that is not the end of the search. Mr. Williams says that you should now undress and start again from the ground up. But this time you are to include the insides of the thighs up to the pelvis where both men and women are to check the pubic region thoroughly. Next on the checklist are the armpits, where men should check the hair, and then the neck, hairline and scalp.

The author recommends that you use a handheld mirror and a wall mirror to see your back and between the buttocks and that you use "your fingers to feel in all the crevices of your body".

Do not think that this ends the checking. The next time you're in the shower you should check yourself again. This time "look for any inflamed or sensitive areas on the skin. Gorged ticks will

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be swollen with blood and easier to find, especially in the hairline, if you missed them the first time round." You should also "look for marks on the skin. Lyme disease is sometimes preceded by a large red bull's eye mark, known as erythema migrans. If you see this mark, whether or not you find a tick, you should call a doctor immediately."



American Dog Tick

The article also includes instructions about how to remove ticks that you find, some tips and warnings and more detail on how to check your body. It might not be a bad idea to spend a minute reading the full text; [http://www.trails.com/how\\_1198\\_check\\_for-ticks.html](http://www.trails.com/how_1198_check_for-ticks.html).

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overlook the midges. But don't worry; the larger flies are only a few weeks away.

If you don't have these patterns in your fly box, and you plan on hitting the water soon, I would suggest you hit the vise first. While you're at it, how about whipping up an extra dozen for the chapter.

Tie up one of these, or any other pattern, and turn them in at the next meeting. You will receive 10 points and an entry into the monthly drawing for every dozen flies you turn in. More importantly, you will be helping your chapter raise funds for our various projects.

### Trout Stocking

Late Winter and early Spring of 2010 have been difficult times for New Jersey's trout stocking program. As piles of snow melted, two torrential downpours added more water than needed to our local waters. If you have been near the Ramapo River you have seen that the surrounding woods are neater than they have been for years because any loose debris and underbrush was picked up by floodwaters and dropped someplace downstream.

Moreover, the heavy rains caused the State to cancel the March 24 Ramapo stocking – the first stocking of the year and one that EJTU was scheduled to take part in. The second, April 6, stocking should be more like prior year's pre-season stockings because the water levels in the Ramapo drop quickly once rain stops falling (Andy Preziosi says that the level has been dropping about a foot a day after



the last storm). Stocking after the April 10 opening day

will follow the same schedule as in prior years. The stocking truck will arrive at Glen Gray Road at around 10 AM on Thursdays and, if water conditions allow, we will fill a float box with trout and tow it downstream as we distribute fish. If the banks of the river and the road into the County property are stable, we will also bucket stock upstream from Glen Gray Road.

In addition to the Glen Gray stocking, some of our volunteers also meet the truck near Route 287 where the Britt's Tackle Shop was located. They then move up to Halifax Road (behind Ramapo College) to bucket stock that stretch.

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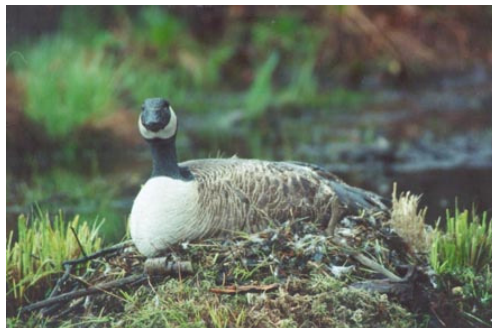
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After opening day we will assist the State in stocking the Ramapo on seven Thursdays: April 15, 22, 29 and May 6, 13, 20 and 27.

If you wish to help with the stocking, Glen Gray Road meets Route 202 about two miles north of where Routes 287 and 202 meet – or about four to five miles south of where Routes 202 and 17 meet. The road is the dividing line between Oakland and Mahwah. We meet at the bridge over the Ramapo.

### Egg Time

It's Spring! On the ground it's time for daffodils and flowering cherry trees, in the water it's time for trout fishing, and overhead it's time to view majestic formations of geese heading north to their summer nesting grounds. However, if the geese are in your back yard instead of heading to James Bay they are resident Canada Geese that were born here and they will not leave because they want to nest near where they were born. In addition, two to three year old juvenile geese who were born in the area



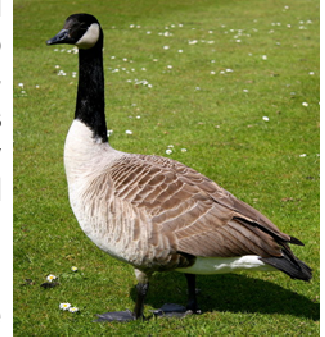
will also hang around with nesting pairs until goslings are mature.

Then, after the goslings are born, the adult geese, both mated pairs

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and juveniles, molt and will be incapable of flying. This occurs from late June until the beginning of August. When their flight feathers grow out they will then begin "pond hopping" - moving back and forth to various water bodies as they feed and avoid predators.



If you have resident

Canadas nesting on your property – nesting time is April – and you want to destroy the nests and eggs you must register at <https://epermits.fws.gov/ercgr>. Then you must return to the registration site by October 31 to report the number of nests that you destroyed. And remember, you cannot harm the adult geese as that is a federal offense.

All of Bergen County is registered but you cannot just go into parks and other county land and destroy nests on your own. Trained volunteer members of GeesePeace ([www.GeesePeace.org](http://www.GeesePeace.org)) will visit many nests that are located on public lands and oil newly laid eggs. The timing of the phases of the GeesePeace program allows adult pairs and juveniles to take part in a "molt migration" to James Bay since they have no goslings to care for.

"Carpe Diem" does not mean "fish of the day".

Author Unknown