



# Riffler

The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited



Volume 40

July 2010

Number 7

## Bring Your Mono To The July Meeting

As you know, starting in 2007 EJTU has placed monofilament recycling tubes in a variety of locations in northern New Jersey. Along the Ramapo River there is one at Halifax Road, one at Glen Gray Road and two at Patriot's Way. The Wanaque River has one near East Shore Drive and the four reservoirs managed by the Newark Watershed Commission have tubes at each of their boat launch ramps. Point View Reservoir also has tubes as does Green Turtle Pond. Monksville Reservoir has tubes at both boat launch ramps.



While the volunteers who empty the tubes do find garbage in some of them, they continue to accumulate mono that

fishermen and passers-by take the time to dispose of. They also seem to cause people to place trash near them, so perhaps their presence keeps rubbish concentrated in one location rather than being scattered throughout the area.

If you know of an appropriate location for one of the recycling tubes and also know of a volunteer who will take responsibility for it, contact Riffler at raycapp@optonline.net.

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When: July 14 at 7:30 PM

Where: American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## The July Meeting



We will not have a speaker at our July meeting. Instead, since our members enjoyed last July's barbecue and members' flea market, we will once again

offer free food and the opportunity for you to sell or swap your excess gear.

The event will take place in the pavilion that is at the rear of the American Legion's parking lot.

So if you have any extra equipment and want to find it a good home, bring it to the flea market. Whether it's one or two items or a whole truckload, tables are available and are free for use by members. Come on out, you might just find something you need at a very reasonable price.

## Welcome To June's New Members

Edwin Broussard	Montvale
Jim Grobel	Oradell
Ronald Jones	Hasbrouck Hts
Kenneth Keida	Clifton
Ronald Quinn	Galloway
C Wietsma	Clifton

## EJTU Calendar

Advise Rich Malizia of changes to calendar events (E) at 973-304-0789 or [remqcp@optonline.net](mailto:remqcp@optonline.net); let Ed Higgins ([easyedh@gmail.com](mailto:easyedh@gmail.com)) know if you are interested in fishing trips (F) well in advance because openings are limited and reservations must be made in advance. Get your money in as soon as possible or someone else will take your place.

Please consult EJTU's web site's "Upcoming Events" for the most up-to-date details.

**Jul 14** - Membership Meeting - Barbeque & Members Flea Market  
July 24 - "Boulder Propping" on the Ramapo

**August 7** - Dunkerhook Clean-up (8/8 rain date)

**Aug 11** - Membership Meeting, Jon Shein, Kayak Fishing Magazine.com

**Sept 8** - Membership Meeting, Craig Hull, Troutgetter Flies & Guide..program on finding big fish



**Oct 13** - Membership Meeting, George Petersen, Brown Trout Fishing in Ireland, County Meath

**Nov 10** - Membership Meeting, John Shaner, Hardy Rep.,

**Dec 8** - Membership Meeting, Animal talk by Jerry Zalenka or his daughter

## Trout Unlimited's Mission

To conserve, protect and restore North America's coldwater fisheries and their watersheds

**East Jersey Chapter  
Trout Unlimited  
Board of Directors**

**President/ Conservation Chair**  
Ray Cappock

**1st Vice President/Webmaster**  
Bill Borowski

**2nd Vice President/Treasurer**  
Bruce Seiden

**Recording Secretary/Pequest Programs**  
Bob Hresko

**Membership Secretary**  
Ken Barile

**Education**  
Doug Penna

**Speakers**  
Ed Higgins

**Merchandise**  
Basil Santamaria

**Trout in the Classroom**  
George Petersen

**Points**  
Paul Reithmeier

**Publicity Chair**  
John Grisoni

**At Large**  
Elio Chiavola  
Dino Eftychiou

**Founding President**  
Don Ecker

**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.eastjerseytu.org> Mailing Address: East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366  
For Membership Information call Ken Barile at 201-391-9214 or email to: [kenbrile@optonline.net](mailto:kenbrile@optonline.net).  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

**Saddle River Park Clean-Up  
Saturday, August 7 2010**

EJTU's members will conduct a major cleanup around the Saddle River and the Ho-Ho-Kus Brook on Saturday, August 7, 2010 [rain date Sunday August 8, 2010]. We hope to have enough help to clean the Ho-Ho-Kus Brook from the Glen Rock Park area to its confluence with Saddle River and the Saddle River from Grove Street to Fair Lawn Avenue.

We have asked personnel from Fair Lawn, Glen Rock and Paramus to assist us in publicizing the event, and Belmar Spring Water has promised that they will supply water and cups for the workers.

We will email the final information about where and when we will meet, so if you are not now on the EJTU email list, please send your email address to [raycapp@optonline.net](mailto:raycapp@optonline.net).

**No Parking!**

During the final trout stockings this spring the EJTU volunteers saw that a new "No Parking" sign had been installed on a wooden post next what had been the parking area on the west side of the Glen Gray Bridge. No one knew when it was put there or if it was an official sign.

Bill Stagg, who lives in Oakland, tells us that he talked to the Oakland Police Department and that they confirmed that this is a legal sign that was put up at the request of the Reserve Association. The police also said that reserve Association owns the property to the waterline.

Bill will attend the Oakland Council meeting and will then keep us informed as to the status of parking by Glen Gray bridge



**Fly of the Month**

The major hatches of spring are winding down. The hatches that are taking place are getting later and later in the day. The middle of the day is void of insect activity, or is it?

It's TERRESTRIAL TIME! Time to find yourself a stretch of river with overhanging branches and put on the ant or beetle pattern that you prefer



Whether it's the quick-site ant, fur ant, crowe beetle, simple foam beetle, or a fancy hopper, now is the time.

These are some of the easiest patterns to tie and some of the most deadly. If you don't fish them all summer you are missing some great opportunities.



Tie up one of these, or any other pattern, and turn them in at the next meeting. You will receive 10 points and an entry into the monthly drawing for every dozen flies you turn in. More importantly, you will be helping your chapter raise funds for our various projects.

The chapter's inventory is still quite lean and we need your help in getting it rebuilt. If you can't make the meeting mail your flies to the chapter PO Box or turn them in to any director.

**Block Island Trip**



Doug Penna with a late night Striper.

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## Mono

We usually think of recycling mono when we get some tangled in our shoes while outdoors. However, if your house is like mine, a source of a great deal of useless monofilament is in your basement or garage. When I dig through my old fishing equipment I find spools of mono that are embarrassingly old, leaders that I prepared years ago and other bits and pieces of mono that are too old to use.



How about getting rid of that old mono? It will probably break if you try to use it anyway! Elio Chiavola, our EJTU board member who keeps track of the recycling tubes, will bring a large box to our July meeting/cookout. Just dump your old mono into the box and we will send it to Berkeley-Pure Fishing to be recycled into tackle boxes and other outdoor implements.



East Jersey TU is now on Twitter.

If you want to be notified of conservation information and the latest fishing info, we are connecting with other TU chapters and conservation organizations.

You can follow us at: <http://twitter.com/eastjerseytu>

## The Web Site

**EJTU's web site - schedules for our many activities, photos, information about the chapter and its officers as well as links to an array of informative and interesting web sites.**

**It's easy to get to! Just go to:**

[www.eastjerseytu.org](http://www.eastjerseytu.org)

## Brown Trout



The brown trout is a medium-sized fish, usually having a mature weight of 2 lbs or less. It is a salmonid and is also known as German brown trout, German trout, Lochleven trout, or European brown trout.

Brown trout prefer cool clear rivers and lakes with temperatures of 60 – 65 F. They are wary and elusive fish that look for cover more than any other salmonid. In running waters they hide in undercut banks, in stream debris, surface turbulence, rocks, and deep pools. They also take shelter under overhanging vegetation. Access to deep water for protection in winter freezes, or fast water for protection from low oxygen levels in summer are also ideal.

Brown trout are meat-eaters (carnivorous). They eat insects from water and land, and take larger prey such as worms, crustaceans, mollusks, fish, salamanders, and frogs as their size increases. Young brown trout feed on insects and other invertebrates such as shrimp, corixa, caddis, stonefly, mayfly, etc. Both larvae and adults are taken and the fish will eat whatever local insect life is abundant at the time. Larger fish are active predators of fish including young brown trout, suckers, sculpins, shad, whitefish and rainbow trout. Larger brown trout will also feed on small terrestrial animals that fall into the water such as baby birds falling from overhanging nests, or even swimming mice/voles.

Brown trout sometimes do not actively feed until the late afternoon or early evening but when the weather is cool they will feed during the day as well. The largest browns feed under cover of darkness. It is the wariest of

all trout; big ones feed only at night.

The brown trout and the sea trout are fish of the same species.

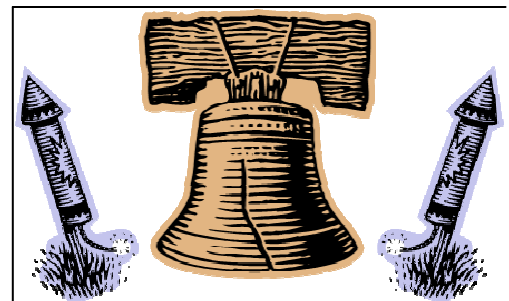
They are distinguished chiefly by the fact that the brown trout is largely a freshwater fish, while the sea trout shows anadromous reproduction, migrating to the oceans for much of its life and returning to freshwater only to spawn. Sea trout in the UK and Ireland have many regional names including sewin (Wales), finnock (Scotland), peal (West Country), mort (North West England) and white trout (Ireland).

The brown trout is normally considered to be native to Europe and Asia but the natural distribution of the migratory forms may be, in fact, circum-polar. There are also landlocked populations far from the oceans, for example in Greece and Estonia.

First planting in the United States occurred April 11, 1884 into the Baldwin River, one mile east of Baldwin, MI. Early stocking efforts used fish taken from Scotland and Germany. The Loch Leven strain is more often found in the western United States, while the "German brown" is found more toward the Midwest and East.

On Sept. 11, 2009, a 41.45 lb Brown trout was caught by Tom Healy in the Manistee river system in Michigan, setting a new state record and possibly, a new world record for Brown trout.

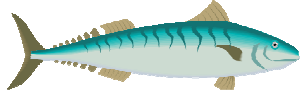
There are approximately 79 streams containing naturally reproducing brown trout populations in New Jersey. They are a cautious fish that utilizes turbulent river environment for concealment, making them difficult to catch.



## Saltwater Registration

The NJ DEP Division of Fish and Wildlife reminds New Jersey saltwater recreational fishermen they may be required to register with the new National Saltwater Angler Registry before they go ocean or bay fishing in 2010.

New Jersey fishermen must register if they:



- Fish for or catch anadromous species in tidal and salt waters; these are fish like river herring, shad or striped bass that live in the oceans but spawn in fresh water, or
- Fish in the Federal waters more than three miles from the ocean shore or from the mouths of rivers or bays, or
- Don't meet any of the exceptions in the law.

Those exceptions include anglers who:

- are under the age of 16.
- have a currently valid saltwater license from another state whose license meets the criteria of the Angler Registry.
- are already registered with NOAA in 2010 to fish saltwater in another state.
- only fish on vessels that are holders of for-hire (or charter boat and party boat) permits issued by NOAA Fisheries.
- hold a Highly Migratory Species Angling permit.
- are fishing commercially under a valid license.

Registration is **free in 2010**. Anglers need to log on to <http://www.CountMyFish.noaa.gov/> and click on the Angler Registry link, or call the toll-free registration line at 1-888-674-7411. Anglers will receive a registration number that will allow them to begin fishing immediately and, after approximately 30 days, will receive a registration card in the mail. Registration is **valid for one year**.



“There’s a fine line between fishing and just standing on the shore like an idiot”



Steven Wright

## What Points?

Did you ever wonder why some EJTU members wear polo shirts, denim shirts, green jackets, or fleece jackets with our logo embroidered on the chest, but you can’t buy them for yourself? They can’t be purchased because they are awards to members who have invested sufficient volunteer hours in EJTU to have earned them as a “Thank You” from the chapter.

If you help at EJTU events you are likely to be asked to sign an attendance sheet of some sort. Sometimes it’s just a plain pad of paper and at others it’s a printed attendance sheet. Whatever the format, the names of the people who have helped at the event will be sent to a board member who is responsible for assigning point values according to the time spent (generally it is 10 points for four hours work) and to recording every member’s accumulation of points.

Paul Reithmeier, who is now responsible for keeping track of everyone’s point totals would like you to know that if you want to know how many points you have accumulated, you can contact him at [paulr21@optonline.net](mailto:paulr21@optonline.net).

## The Library Display

EJTU’s display will not be in any library during July. If your local library has a suitable place to host the display, contact the librarian and ask if they are interested in having a free display. If so, contact Doug Penna at any members meeting and he will arrange for it.

Although there is no display this month, Doug will be at the North Arlington library on Wednesday, July 28 to give a fly-tying demonstration.

## Fishing Deck for the Handicapped

EJTU is preparing to build a platform on the eastern side of Henry Lake near the Ramapo River in Mahwah that will be available for handicapped people who would like to fish.

In order to proceed with the project various applications for permits must be submitted to the New Jersey Department of Environmental Protection by EJTU and the Township of Mahwah. When submitted, the applications require a site plan prepared by a New Jersey licensed professional engineer.

If you are a licensed professional engineer who can assist us with the required site plan, please contact Dino Eftychiou at [defty7@gmail.com](mailto:defty7@gmail.com).

## Web Programmer

Bill Borowski, EJTU’s Webmaster, does a wonderful job with our web site but he has been making some changes to it and would now like to add some features with which he has no experience. If you are experienced with web design and would like to give some advice to Bill, please contact him at [wsb1@hotmail.com](mailto:wsb1@hotmail.com)

