



# Riffler



The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited

Volume 44

July 2013

Number 7

## Yet Another Tick

Now that most people are aware of Lyme Disease and we've become accustomed to watching for its carrier, the Deer Tick, Mother Nature is throwing another disease-carrying tick into our path, The Lone Star Tick.

Lone Stars in the United States are found from Maine to Florida in the east and from Texas north to Iowa in the Midwest but they are can also be found throughout Central America. And according



to Texas A&M, Lone Star ticks live in wooded areas with underbrush, along creeks and rivers near animal resting

places – the places where anglers are likely to visit. Their name has nothing to do with Texas but comes from the silvery-white patch on the backs of the females; males have scattered spots along the edges of their bodies.

The unusual thing about Lone Stars is the effect that they have on some people. Their bites can cause an allergy to red meat.

The Wall St. Journal states that, "The allergic reactions range from vomiting and abdominal cramps to hives to anaphylaxis, which can lead to breathing difficulties and sometimes even death." Even more unusual is the fact that the reaction does not

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**When:** July 10 at 7:30 PM

**Where:** American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## July 10 Meeting

Once again our July meeting will feature food and the chance to sell any excess equipment that you have – or to buy items that other members have for sale.

The meeting will begin at the usual time but it will be held in the pavilion that is behind the meeting hall.

We will have tables available for those who wish to sell anything so, if you have items to sell, try to arrive early so we can set up a table for you.

## Deadly Wind

In addition to providing only an erratic and limited supply of electricity while using large amounts of land, wind turbines kill many birds and bats.



The U.S. Fish & Wildlife Service estimates the number at almost a half million birds per year.

## EJTU Calendar

If you wish to go on one of the fishing trips contact Ed Higgins at (easyedh@gmail.com) or the specified coordinator well in advance. If the trip requires reservations or other arrangements openings are often limited and the reservations must be made in advance.

Other events are sheperded by Rich Malizia. If you have questions or wish to volunteer contact Rich at 973-304-0789 or [remqcp@optonline.net](mailto:remqcp@optonline.net)

Please consult EJTU's web site's "Upcoming Events" for the most up-to-date information and details.

- Jul 10** [Wed] Members meeting; barbeque and swap meet
- July 12/14** Farmington River trip
- July 19 –21** TU Northeast Conf.
- Aug 10/11** [Sat/Sun] Ramapo weir repair

## Welcome to June's New Members



- |                   |            |
|-------------------|------------|
| Michael Baker     | Oradell    |
| Les Baquiran      | Alpine     |
| Victoria Corso    | River Vale |
| Daniel D'Hugvette | Bogota     |
| John Elias        | Harrison   |
| Jonathan Gage     | Ridgefield |
| Ray Rogers        | Glen Rock  |
| Leslie Rogers     | Glen Rock  |
| Joseph Whitchurch | Bogota     |

**East Jersey Chapter  
Trout Unlimited  
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**1st Vice President/Webmaster**  
Bill Borowski

**2nd Vice President/Treasurer**  
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Dino Eftychiou

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**Merchandise**  
Elio Chiavola

**Trout in the Classroom**  
George Petersen

**Points**  
Paul Reithmeier

**Publicity Chair**  
John Grisoni

**Riffles Editor**  
Ray Cappock

**Founding President**  
Don Ecker

**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.eastjerseytu.org> Mailing Address: East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366  
For Membership Information call Ken Barile at 201-391-9214 or email to: [kenbrile@optonline.net](mailto:kenbrile@optonline.net).  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

**Let's Fish the Farmington River**

Riverton, Barkhamstead, and New Hartford CT

Date: July 12<sup>th</sup>-14<sup>th</sup>, 2013

Trip Leaders: Kelly E. Buchta and Jeanette Dietrick  
State and/or Local Requirements: CT fishing license.  
Purchase at Upcountry Sports or at the following link:  
<https://ct.outdoorcentral.net/InternetSales/>

Contact Info: [kebuchta@njtu.org](mailto:kebuchta@njtu.org)  
RSVP to confirm and sign up for further details

**Glen Rock Fishing Derby**

On Saturday, June 15<sup>th</sup>, the Thielke Arboretum in Glen Rock sponsored a children's fishing derby. Since it was the first derby conducted by this group, EJTU was called upon to help organize the event, guide them through the State permit process, acquire fish and select appropriate prizes.

About 30 children attended and had fun catching sunfish and bass that we stocked for the event.

We presented a brief program about safety, fishing etiquette and proper handling of caught fish and, while the children were involved with that part of the program, Kelly Buchta, Gale Inwood, Ron Zampella, Andy Preziosi and Alan Adel circulated among the parents to talk about EJTU and promote TU membership.

Once the derby started, we helped bait hooks, untangle lines and release fish. At the conclusion of the event, prizes were awarded for the biggest fish caught by a child in each age group.

Events such as this provide the opportunity to introduce EJTU to the community, promote membership and encourage the next generation of anglers to pursue safe and ethical fishing.



*Rich Malizia*

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occur immediately but comes on three to six hours after eating meat and often occurs during the night.

The allergy to meat was found to come from Lone Star tick bites in 2007 by scientists at the University of Virginia but associating the result with the cause was difficult because the allergy can arise months after the bite.

A bad day of fishing is better than a good day of work

*Anon*

**Library Display**

July! Swimming, fireworks, hotdogs, an occasional beer – and the EJTU library display is in the Woodridge Library. Stop by and enjoy it!



231 Hackensack St.  
Wood-Ridge, NJ

## Birth of the Sparkle Dace

By Ken Barile



Anyone who has been a fly fisher and tier for any length of time has toyed with the idea of developing a fly pattern that brings his catch to a whole new level. If they are honest (and some fisherman are) they might have even played with the idea of naming their new “killer fly” after themselves to achieve fly tying immortality.

This introduction is meant to provide background on how I came to adapt one of fly-fishing’s standard baitfish flies, The Black Nosed Dace, to create a version of the fly that for me and many of my fishing buddies regularly results in more “hook-ups” than the standard Black Nosed Dace.

### How it began

While I enjoy fishing all kinds of flies, I especially enjoy the kind of fly-fishing where there is no doubt about the strike. I am referring to dry fly and streamer fishing. The feeling of a trout drawing down my rod and pulsing to free himself makes my heart race. For that reason, I fish streamers more often than many fly-fisherman.

So it was not unusual for me to be

on the Internet looking for pictures of baitfish so I could ensure my flies closely resembled the target prey. When I came upon pictures of the Black Nosed Dace I was surprised at how different the actual fish (see figure 1) was from the fly pattern (see figure 2).

The color scheme was wrong, especially the red tail which no version of the fish displays. Even though there are some pictures of the Dace with the traditional black, brown, and white colors, what is missing is the flash, the sparkle of the true fish

when its scales reflect the light. Obviously, there was room to improve this fly pattern.

### Creating the formula

Convinced I could improve on the traditional pattern, and with the whole new array of fly tying materials on the market, I began the search through my fly tying supplies for the recipe of my new pattern.

Looking at things from the bare hook up, I wanted my fly to cruise near the bottom, so I started with 10 to 15 wraps of lead wire, the wire size and number of wraps based on the hook size and desired depth.

Next came the fly body. I developed two versions here. The first was a layer of flat silver tinsel covered by wraps of oval silver tinsel. This closely followed the traditional pattern. Later I swapped this out for a simpler white pearl Mylar tinsel which more closely follows the belly and undersides of the Dace.

The red tail had to go. In its place I wanted something that when fished

might better approximate the movement and glimmer of a flicking tail. I found this in a material from DNA Fly Tying Materials called “Holo Fusion”. This material in white has

the right sparkle and movement and is somewhat translucent in the water. I tied a short tail of white Holo Fusion.

To build up the color scheme of the Dace I started with more Holo Fusion, tied in at the head to create the lower sides, followed by several strands of lime krystal flash then olive krystal flash and topped off with black Deer tail, stacked up in that order.

The final touch to create true authenticity was the pale orange pectoral fins. For this I tied in either

pale orange goose biots or, better yet, small pale orange hen neck feathers. I these coated with head cement and stroked them with my fingers until the fibers were fused into a fin shape. They are tied in at the head. Several coats of head cement created the desired head shape.

### The Test

I liked the fly a lot. It was a far better imitation of the Back Nosed Dace. But would the trout find it appealing? I didn’t have to wait long for my answer.

My friend and I set out to fish the Musconetcong River Trout Conservation Area at Point Mountain in Hackettstown, New Jersey. On my first cast, in a fast riffle below a small waterfall, I had a strike and landed a nice Brookie. Things were looking up. I caught one or two more fish in that place and then moved up river. The first three places I stopped I caught fish within five minutes: Brookies, Browns and a nice Rainbow. Now things were really looking up.

It’s important to mention here that I attribute a good part of my success in fishing with streamers to a technique I learned at a Trout Unlimited meeting.

Essentially it requires casting slightly upstream, stripping the fly, and ending each strip with a slight flick of the rod tip, making the fly “dart” through the water. This gives action to the tail and enhances the flash, which seems to taunt fish into striking.

It was a great day on the Musconetcong that day but was it just luck? To find out I needed to repeat that success on other rivers in other fish-

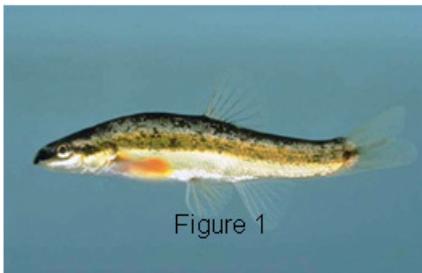


Figure 1

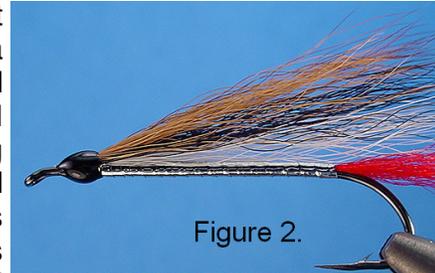


Figure 2.

## Block Island Summary 2013

One might describe the 2013 Block Island trip as one of wind, rain and challenging conditions.

On Saturday, at the tail end of a tropical storm, the group went over on a very rough ferry ride. That night onshore winds drove weeds into the surf and also made it difficult to impossible to cast at our favorite Charleston Beach.

We had one traditional Block Island night on Sunday when sand eels appeared on schedule at the Coast Guard Cut and the stripers were crashing the surface in pursuit. Unfortunately, our group was scattered about the island looking for fish so by the time we all got together the action had slowed down. However, at least twelve or more stripers were probably caught before the dawn arrived, so it was not a bad night.

Tuesday turned out to be a rain event and few fish were caught.

On Wednesday the weather improved and we hoped for a good night but, although it did prove to be an excellent weather night, the stripers never appeared and only an occasional blue fish was caught. Also on Wednesday some of the

fellows took a guided trip and did well, as they were able to find pods of stripers feeding on sand eels off shore. Stripers up to 33" and some blues were landed.

Thursday turned out to be rainy with high winds that again made casting impossible.

Friday was a calm and sunny day and, while a few stripers were caught in the Coast Guard Cut, most stayed off shore.

All in all not the usual Block Island in shore fishing with the feeding frenzies we have been used to in the past, but a nice trip with a good group of guys and did I mention the great food.

*Richard Cotter*



For the latest info:

Web

[www.eastjerseytu.org](http://www.eastjerseytu.org)

Facebook

<http://tinyurl.com/ptq2u3t>

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fishing conditions. Over the course of the next two months I fished the fly in several other rivers with great success. On one occasion, a friend who is a great fly fisherman vacated a pool with no results. I came into the same pool with the Sparkle Dace and within three casts caught a trout. I left that pool 10 minutes later having caught three fish, losing two others, and having had numerous other strikes.

### The Final Test

Clearly the fly was working for me. Would it work for other people too? That question was answered when I gave my Dace to a number of my fellow fishermen on the rivers I have fished this spring; almost every one of them caught trout with it. Of course, as I've noted before, success also is contingent on the skills of the fishermen.

I wish you the same good success I have had fishing this fly. Tight Lines!

*Ken Barile*

Note: The recipe for the Sparkle Dace is on page 5



Trout Unlimited

East Jersey Chapter

Box 366

HoHoKus, NJ 07423-0366

## The “Sparkle Dace” Recipe



### Sparkle Dace

Hook	TMC 300 in sizes 6 – 12
Thread	Black 6/0
Tail:	White Holo Fusion
Body:.	020 lead wire Danville’s White pearl Mylar Tinsel Size 10
Body sides:	White Holo Fusion on bottom Next Lime Krystal Flash (4 to 6 fibers) Next Olive Krystal Flash (4 to 6 fibers) next Finally Black Deer tail fibers (10 to 12 hairs) on top
Pectoral Fins:	Pale orange small hen feathers, coated with head cement and stroked to fuse them, mounted on sides behind the head.



The author with a nice brookie caught on the “Sparkle Dace”