

# Riffles

The Monthly Newsletter of the  
East Jersey Chapter of Trout Unlimited



Volume 43

June 2012

Number 6

## Are We a Fishing Club?

Article 1, Section 2 of EJTU's By-Laws contains the following two sentences:

"The purpose of the Chapter shall be to conserve, protect and restore cold-water fisheries and their watersheds. The Chapter shall function exclusively for charitable, educational and scientific purposes."

They're nice sounding statements but does East Jersey TU really follow them? How are we promoting cold-water fisheries and are our activities solely for charitable, educational and scientific purposes? A quick look at what we, both as a group and individually, have done recently and plan to do in the future seems to belie our claims.

The problem is that, based on the responses that we get when we ask for volunteers to assist in the activities that come close to those described in our By-Laws, our members do not want to participate. The same few always respond when asked to help with conservation efforts but, if fishing is involved, many more show up.

Perhaps, because the speakers at our meetings usually talk about various aspects of fishing, EJTU's members feel that fishing related activities are what the chapter is all about. But there is also this question: if the meetings' speakers stressed conservation, science and education, would anyone show up?

**When:** June 13 at 7:30 PM

**Where:** American Legion Hall  
33 West Passaic Street  
Rochelle Park, NJ

## June 13, Speaker John Punola

### Smallmouth Bass

John Punola will present "Smallmouth Bass Fishing in the Delaware River".



Come out and see John's newest presentation on fishing for smallies in the Delaware. John will cover where to look for smallmouth, areas of the river, boat and shore fishing, rules, safety, regulations, fly fishing flies and equipment, spincasting for smallies, maps and more.

## Welcome To May's New Members



Ken Myers                      Ridgewood  
Christian Wallace          Jersey City

## EJTU Calendar

If you wish to go on one of the fishing trips contact Ed Higgins at (easyedh@gmail.com) well in advance. If the trip requires reservations or other arrangements openings are often limited and the reservations must be made in advance.

Other events marked with an M are being sheperded by Rich Malizia. If you have questions or wish to volunteer contact Rich at 973-304-0789 or [remqcp@optonline.net](mailto:remqcp@optonline.net)

Please consult EJTU's web site's "Upcoming Events" for the most up-to-date information and details.



**Jun 9 [Sat]** Ramapo River Day [M]

**Jun9/16** Block Island Trip

**Jun 13 [Wed]** Members meeting

**Jul 11 [Wed]** Members meeting/  
Cook out & Swap Meet

**Aug 8 [Wed]** Members meeting  
Speaker: Ted Patlen

**Summer [Dates TBA]** Ramapo  
boulder propping

**Summer/Fall [Dates TBA]** plant-  
ing along Cresskill Brook

**Sep 12 [Wed]** Members meeting  
Speaker: Joe Fusco

**East Jersey Chapter  
Trout Unlimited  
Board of Directors**

**President/ Conservation Chair**  
Ray Cappock

**1st Vice President/Webmaster**  
Bill Borowski

**2nd Vice President/Treasurer**  
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Elio Chiavola

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George Petersen

**Points**  
Paul Reithmeier

**Publicity Chair**  
John Grisoni

**Riffles Editor**  
Ray Cappock

**Founding President**  
Don Ecker

**Monthly General Member Meeting:** The East Jersey Chapter of Trout Unlimited meets on the second Wednesday of each month at 7:30PM.

**Location:** The American Legion Hall,  
33 West Passaic St, Rochelle Park, NJ. 07662.

**Monthly Board Meeting:** Board Members of East Jersey Trout Unlimited meet on the last Thursday of each month at 7:30PM.

How to contact us: Website <http://www.eastjerseytu.org> Mailing Address: East Jersey Chapter, Trout Unlimited Box 366 HoHoKus, NJ 07423-0366  
For Membership Information call Ken Barile at 201-391-9214 or email to: [kenbrile@optonline.net](mailto:kenbrile@optonline.net).  
For Information on trips and other Chapter Activities go to [www.eastjerseytu.org](http://www.eastjerseytu.org)  
For East Jersey and National Trout Unlimited information, visit our website at <http://www.tu.org>. Go to chapter number 091 and you will get the latest information about our chapter.  
Riffles is your publication so we invite and encourage every member to contribute articles, tips, and stories. The articles may relate to trout, trout fishing, fishing in general or conservation but all articles are published at the discretion of the editors and should meet EJTU standards regarding protecting our environment and the merits of 'catch and release' techniques. Pseudonyms may be used but the editors must be informed of the name of the member who writes the article. Email to [raycapp@optonline.net](mailto:raycapp@optonline.net)

**June Fly of the Month**

The hatches we dreamed of all winter are in full swing. The Mayflies, both large and small, have got our attention. March Browns, Green Drakes, Sulfurs, & Olives have all been getting the trout's attention as well.



The next time you come home from a day of fishing and sit down at your vise to refill your fly box, how about tying a dozen extra for your chapter.

Tie up one of these, or any other pattern, and turn them in at the next meeting. You will receive 10 points and an entry into the drawing for every dozen flies you turn in. More importantly, you will be helping your chapter raise funds for our various projects.

The chapter's fly inventory is still quite lean, and we need your help in getting it rebuilt. If you can't make the meeting, mail your flies to the chapter P.O. Box or turn them in to any director.

**Ramapo River Day  
Volunteers Needed**

When: Saturday June 9, 2012

Time: 8:00 AM to 1:30 PM

Where: Halifax Road at the Ramapo River in Mahwah, NJ (Behind the Ramapo College tennis courts off Rt. 202)

Help is needed to watch over the group of children who will learn about the things that live and grow in the Ramapo River watershed, what makes a healthy environment, what you can do to protect it, catch and identify bugs, do water chemistry experiments, learn about non-point source pollution and botany and try casting a fly rod.

Contact Rich Malizia at 973-304-0789 or [remqcp@optonline.net](mailto:remqcp@optonline.net) to volunteer



"Captain" Ray Adam stocking trout?

The Ramapo began the year too dry to float stock but, after the rains came, the usual float and bucket stocking resumed



John Rice watches his son, John, prepare Al Morel's truck for stocking.



Mike Sebitech and granddaughter Jaime.

## Some Good News About the Ocean from Rutgers

### The near-shore ocean is in better shape than scientists had thought

*(Rutgers Media Relations released this article on May 23, 2012)*

Rutgers marine scientists have discovered that creatures living in seafloor sediments near the New Jersey coast are doing better than scientists had believed. Researchers Patricia Ramey, Michael Kennish, and Rose Petrecca have conducted a comprehensive community assessment, and constructed a



Michael Kennish, lead investigator of the recently completed Coastal Ocean Assessment

“biotic index” – a measure of an environment’s health – by cataloging invertebrate animals living in the

ocean bottom from Sandy Hook to Cape May, from the beach to three miles offshore.

Their report casts doubt on the usefulness of dissolved oxygen as the only criterion for assessing the health of coastal ocean waters. In 2002 and 2004, the New Jersey Department of Environmental Protection and the United States Environmental Protection Agency declared the near-shore waters 70 percent (2002) and 100 percent (2004) impaired based on levels of dissolved oxygen below 5 milligrams per liter of water. And yet, Kennish, the Rutgers lead investigator of the project, noticed there were no reports of massive fish kills or loss of bottom-dwelling animal life off the coast in those years.

“We wanted to find out what effect hypoxia (insufficient oxygen) was having on benthic invertebrates,” Kennish said. “The DEP had declared the near-shore ocean 100 percent impaired in 2004 based on the level of dissolved oxygen, but we didn’t really know how this would affect the animals living in those waters.”

#### The DEP and the EPA funded this study.

Kennish and his colleagues turned to the benthic invertebrates because they are relatively long-lived, sensitive to pollution and, unlike fish, can’t swim away if the environment proves hostile. If the waters were seriously impaired, the impact would be toughest on them.

The method was straightforward but painstaking. During August and September in 2007, 2009 and 2010, a team of marine scientists sampled a total of 153 randomly chosen sites from Sandy Hook to Cape May. They collected samples from a research vessel equipped with a Van Veen Grab – an underwater shovel designed to take precisely measured bites of the bot-

tom. In this case, each sample measured 0.04 meters squared. The scientists washed each sample through a 500-micron sieve. All invertebrates remaining on the sieve were preserved in jars and brought back to shore for sorting, counting and identification. The researchers collected approximately 113,000 organisms, belonging to 273 species. Armed with a list of species, and knowing how abundant each species was at each sampled site, scientists used a variety of statistical methods to assess the ecological status of New Jersey’s coastal marine waters.



The scientists' grab sampler on the deck of a research vessel

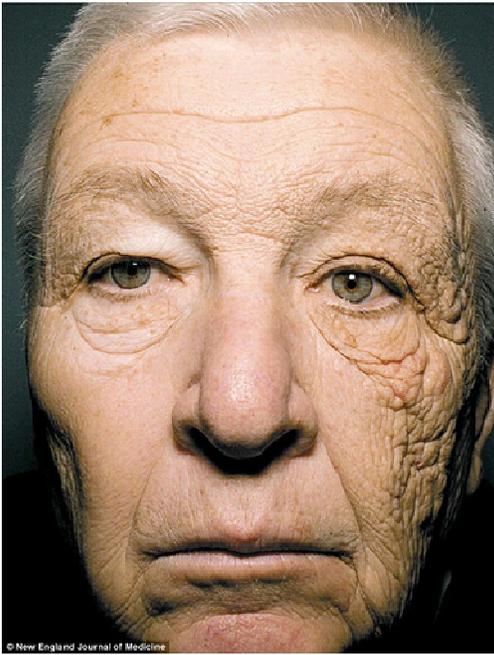
The scientists did not find that the waters were clean, but they were cleaner than expected. The biotic index and the statistical results indicated that 28 percent of the stations sampled in 2007 and 2009 were rated unpolluted, based on the high

percentage of pollution-sensitive animals living there. The remaining 72 percent were considered slightly polluted.

“The environmental quality is actually quite good at most of the stations we sampled,” said Kennish, a research professor in the Institute of Marine

Visit the East Jersey TU web site  
[www.eastjerseytu.org](http://www.eastjerseytu.org)





### Effects of the Sun!

The left half of this 69 year old man's face shows premature aging caused by the sun. The imbalance is the result of twenty-eight years driving a truck, causing his left side to be exposed to more sunlight coming through the left window.

Because fishermen also spend more time in the sun than other people we should be more wary of the sun's effects. Here are a few things to remember, particularly during the summer.

Numerous research studies show that most skin cancer can be prevented by practicing sun protection.

▶ Slip! Slop! Slap!®

Australia has the highest incidence of skin cancer in the world. To make it easy for Australians to remember how to protect their skin, The Cancer Council Victoria coined this catchy slogan: Slip! Slop! Slap! Here's what it means:

Slip! – Slip on a shirt.

Slop! – Slop on sunscreen.

Slap! – Slap on a wide-brimmed hat.

**The Cancer Council Victoria (Australia) is the registered owner of the trademark Slip! Slop! Slap!®**

Dermatologists agree that the Australians' use of the word "slop!" accurately describes how sunscreen should be used. Most people don't apply enough sunscreen to protect against harmful ultraviolet (UV) radiation. One ounce, enough to fill a shot glass, is considered to be the amount needed to cover the exposed areas of the body properly. So when applying sunscreen, remember to "slop!" it on. Both my GP and my dermatologist have told me to put on sunscreen every day, winter and summer, whether cloudy or sunny.

### Summer Fishing

We are still in that time of year when the water is high and cool and hatches are making trout come to the surface but soon it will be warm water time again. NJ Division of Fish and Wildlife may have jumped the gun according to trout fishermen but the F & W web site has an interesting article about New Jersey carp fishing.

According to F & W "This is the best time of year to target carp, a time when truly giant carp are more readily caught."



They may be referring to the 55 pounder caught in the Raritan River on May 9, 2012! The full F & W story can be read at <http://www.njfishandwildlife.com/artcarp12.htm>



Trout Unlimited

East Jersey Chapter

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